

# SCHOOL LUNCH

IN ALL CASES THE FOOD CARRIED WAS BASED ON REGION, ETHNIC BACKGROUND, FAMILY HERITAGE AND FINANCIAL MEANS

IF YOU WERE NOT ABLE TO RETURN HOME FOR LUNCH BECAUSE OF DISTANCE OR OTHER REASONS, YOU WOULD TAKE YOUR LUNCH TO SCHOOL.

**FOODS:** SANDWICHES

TONGUE

CHOPPED EGG WITH FRENCH DRESSING

CHOPPED OLIVE

BUTTER WITH SUGAR (BROWN OR WHITE)

DEVILED HAM (UNDERWOOD 1868)

DATE

FIG

LARD WITH SUGAR

SARDINE

COOKED OYSTER

LETTUCE

**OTHER LUNCH FAVORITES**

BEET PICKLED EGGS

APPLES

BANANAS (AS EARLY AS THE 1890S)

HARD BOILED EGGS

PEANUT BUTTER – JUST AFTER THE TURN OF THE CENTURY, ALTHOUGH SOME HOME-MADE NUT BUTTERS WERE BEING PRODUCED.

PICKLES

SARDINES

COOKIES OR CRACKERS

**OTHER FOODS FROM LUNCH PROGRAMS (1914 - 1917):**

MACARONI WITH TOMATO SAUCE

BAKED BEANS AND ROLL

CREAMED BEEF ON TOAST

CREAMED SALMON ON A ROLL

COCOA OR MILK

CRACKERS

BREAD AND BUTTER

VEAL STEW WITH VEGETABLES

DATE NUT ON GRAHAM BREAD

BREAD PUDDING

SPAGHETTI WITH TOMATO SAUCE

MASHED POTATO WITH GREEN PEAS

JAM SANDWICH

VEGETABLE SOUP

DATES

ICE CREAM

BAKED APPLES

APPLES

LIMA BEANS

SPLIT PEA SOUP

RAISIN LAYER CAKE

CORN PUDDING

CHARLOTTE RUSSE

SWEET CHOCOLATE

SOUP – TOMATO, SPLIT PEA, GREEN PEA, WHITE AND BLACK BEAN, ONION

PACK YOUR LUNCH IN A SACK, BAG, TIN OR SMALL CARDBOARD BOX TO TAKE TO SCHOOL FOR LUNCH!